



Gilpin County Community Center Fitness Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pilates Barre 8:15a - 9:15a	Quick & Tone 8:15a - 9:45a	Fire Fitness 9:15a - 10:15a	Boot Camp 8:15a - 9:15a	Cardio Dance 9:30a - 10:30a	
Aquacize 9:30a - 10:30a		Aquacize 9:30a - 10:30a		Aquacize 9:30a - 10:30a	
Hatha Yoga 9:30a - 10:45a			Hatha Yoga 9:30a - 10:45a		Boot Camp 10:00a - 11:00a
		Adult Strengthen 11:00a - 12:00p		Adult Strengthen 11:00a - 12:00p	
	Aquacize 5:30p - 6:30p		Aquacize 5:30p - 6:30p		
Boot Camp 6:15p - 7:15p		Guts & Glutes 6:15p - 7:15p			

250 Norton Dr. Black Hawk, CO ~ 303-582-1453
www.GilpinRecreation.com



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